The Old

Pine Tree



Scroll

May 2012

What's Next?

May

5 - AZ Karate Summer League12 - Sogobudo Member Training19 - CLOSED, Staff Training26-28 - CLOSED, Memorial Day

June

TBA - Sogobudo Member Training 2 - AZ Karate Summer League

July

4 - CLOSED, Fourth of July7 - AZ Karate Summer League21 - Sogobudo Member Training





Words for Thought

Good Advice, Anytime

Don't Forget to Breathe!

Advice from many martial teachers throughout the ages

Fantastic Seminars!



If you were not able to attend either the April 28 or April 29 seminars presented by John Viol Shihan, you missed a lot of great information and excellent training.

The first seminar was on the use of the folding knife as a tactical weapon. People think of using only the knife blade, but there's so much more.

The second seminar of the day was on the Yagyu tanto. The Tucson and Sierra Vista attendees are among a fortunate few in the United States to learn applications of this highly effective, professional weapon.

In the coming months, there will be more seminars and special training available. Some will be open to everyone; others may only be for advanced students. Remember, what you learned during the April seminars is only Level 1 of a vast curriculum. Take advantage of any opportunities to learn and train; they may not come again.





Arizona Karate Summer League

Chanbara (Foam Swords)

Team Competition Only

Cost: \$20 for each team member

Saturday, May 5th

starts at 1 pm

at KoSho Karate 3912 N Oracle Rd. Tucson, AZ 85705



The teams with the most gold medals at the end of a season will be eligible for the team cup.





For more information and to pre-register, please call 887-4099

The 5-month summer league season will be from April through August with one competition each month.

The 5-month winter league season will be from October through February.

Happy May Birthdays!

Gabor Angeli Alissa Campbell Francisco Castro Sr. Joshua Delfs Mike Drabek **Roger Fiederlein** Tom Gilliam Amy Goff John King Marisa Lerew Ken Lewis **Clifford Linebarger Kimberly Linebarger** Treyvon Linebarger Colin Louk Victoria Maejima **Tevin Manning** James Marshall **Robert Micklewright** Ian Morey Joan O'Gorman Skylar Petz Mariah Santillan MaryBeth Santillan Jordan Socia **Bostin Stanley** Austen Stowe John Torresala **Destinee Valenzuela** Pat Walter Maritza Wheeler



FIND-A-WORD

G	R	Е	U	D	М	Е	R	L	Т
K	0	S	н	0	0	К	Y	I	S
Y	А	Ι	Н	В	R	J	U	В	U
U	F	R	Е	I	I	S	0	Y	К
Κ	S	Е	А	С	Н	Ι	D	G	Ι
I	Т	G	В	Т	S	А	Е	Т	Е
Н	S	Е	Ν	S	Е	I	Ν	М	U
С	K	А	K	А	G	K	А	Е	S
U	D	А	С	Н	Ι	Y	F	D	Ν

Find the following words:

KOSHO SENSEI	DOJO	KARATE	GERI GI
SHIHAN	UKE UCHI	DAN BEI	TSUKI
SHIRO	DACHI	KYU	KIAI
AKA	RYU	OBI	YAME

We Remember... Memorial Day 2012



A History Bite: Growing Up with...



Shihan Johnny Linebarger opened his first dojo in 1974 under the name of the KoSho Self-Defense Studio, in Conover, North Carolina. I was 13 years old at that time. My brothers and sisters all attended classes for a while, but my sisters didn't last too long. I'm not sure if it was because they were too young or because they insisted on talking back to their big brother, the Sensei. I remember that first dojo had nothing inside but one card table, one folding chair, six tatami (mats), and a very hard concrete floor. The whole place was about 30' x 20' with a small rest room in the back. Since Sensei Makaio (Shihan's first teacher) had closed his dojo and left town, all of the former students and Sensei Makaio (when he visited) came to that little dojo to teach and work out.

Hanging from a pole on the front of the building was a sign with a torii gate, two fists, a green pine tree, and the words "KoSho Self-Defense Studio." It took Shihan about three weeks to make that sign. He cut it out of a sheet of plywood and sanded it until it was smooth on both sides. He painted and weather-proofed the sign, also. With the help of five or six of us, Shihan put it higher than any other sign along the street. After he went away to the Air Force, the sign stayed under our house for some time. When one of his classmates opened a school nearby, I took the sign and put it by the road which was close to her dojo. She called her school "KoSho Self-Defense Studio" until she came up with a name of her own. That lady was Kim Price, the person from whom Shihan took his first karate lesson.

That sign and the name "KoSho" meant a lot to the many students back in North Carolina. For me to have grown up under its banner and seen it develop into the kind of organization that it is today, fills my heart with pride. It has been said that the old KoSho Ryu was responsible for the survival of karate during a time in Okinawan history when karate almost disappeared. For many of us, the modern KoSho Karate schools are responsible for our continued involvement in the martial arts (and martial sciences) as students, competitors and teachers. So, the tradition of KoSho continues -- a tradition of pride, humility, patience, and determination.

by Thomas Linebarger, Sr. Sensei

<u>The Old Pine Tree Scroll</u> is a monthly publication of KoSho Karate - Where Champions Train. Articles for the newsletter may be sent to: KoSho Karate 3912 N Oracle Rd., Ste. 102 Tucson, AZ 85705

Ph: (520) 887-4099 Fax: (520) 292-6388 Email: <u>KoSho@KoShoKarate.com</u>